Rustenburg - Gender-based violence is making headlines more often these days. Our annual national 16 Days of Activism for No Violence Against Women and Children held from 25 November to 10 December, aims to increase awareness about

HAS YOUR PARTNER EVER ...?

abuse and encourages victims and witnesses to speak up.



- Stunning view of the mountains
- 3ha Plot near Hunter's Res 3 Bedroom House, 2 bath Fencing around the plot
- 1 x 1 Bedroom flat
- Swimming pool
- Flat and Bungalows need r&m
- Viewing strictly on appointment

https://www.privateproperty.co.za/for-sale/north-west/rustenburg/rustenburg-central/T2413008

Harcourts Mobile: 076 834 1087

Phone: 014 594 5057

Email: janet.vdw@harcourts.co.za

Web: http://harcourts.rustenburg.co.za

- in front of others?
- Told you what to wear, or harshly criticised how you dress?
- Insisted you have sex when you don't want to, or insisted you take part in sexual activities you dislike or that cause pain?
- Refused to let you work, or forced you to work?
- Refused to let you leave the house?
- Constantly demanded to know where you are, what you are doing, and who vou are with?
- Monitored your phone calls, text messages, emails, Facebook, etc?
- Refused to let you phone your friends or family?
- Told you who you can and can't talk to?
- Constantly questioned your spending or taken control of your money? If you are financially dependent on them, have they unreasonably limited the money they give you or refused to tell you about your family's financial situation?
- Followed you in a way that made you fearful?
- Used physical force (push, punch, slap, choke, shake, use objects/weapons, etc.)?
- Physically harmed others (children, pets, family members, friends, neighbours, etc.)?
- Threatened to use physical force? Threats aren't always spoken they can be silent too, such as looks, gestures, displaying weapons, etc.
- Threatened to kill you or others if you leave?
- Threatened to kill themselves if you leave?
- Threatened to turn you into the authorities (police, immigration, etc.) if you
- Used your religious or spiritual beliefs to manipulate or control you, or to justify violence against women? Denied you freedom of religion, by refusing to let you practice your spiritual beliefs or insisting that you follow theirs?
- Blamed you for their abusive behaviour, and told you it was your fault?
- Destroyed your possessions?
- Showed up unexpectedly, when they were not invited and not welcome, to social or work events?
- Stolen your money?
- Insisted you use drugs or alcohol against your will?
- Insisted you take part in dangerous or criminal activities? Hidden your keys or purse so you can't leave the house?

Some abusers deny being abusive. Some freely admit they have behaved badly, show great remorse, and promise never to do it again - though they almost always Many abusive relationships develop gradually and, at first, it might be tempting

to write their behaviour off as harmless, perhaps just signs of love or jealousy or emotional insecurity. But as women have said for years, abuse is NOT about jealousy or love – it is about

power and control

If you need help, contact Grace Help Centre at 072 348 6526.

2 X PROPERTIES FOR SALE

3 BEDROOM HOUSE + VACANT STAND, KOSTER



- 2 Adjoining properties
- 3 Bedroom house Borehole
- Water tank Approved building
- plans for 10 houses Large Stands
- Separate store room Avocado tree

Andreas Peens Property Sinnelle Diedericks Mobile: 082 052 9492

Email: sinelled@andreaspeensproperty.co.za

RENZA PROJECTS

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Double sided precast walls available.

- * Quality custom made retractable security trellis for doors, windows and gates.
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 - * Lighter weight cladding panels to enclose carports and lapa's.
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HARTIES, BRITS & RUSTENBURG Facebook: Renza Projects

Contact Francois for a free quotation on: 076 712 3124 or renzaprojects@gmail.com

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RUSTENBURG EMERGENCY CONTACT NUMBERS

Rustenburg SAPS Radio Control Centre: 014 590 4115/6/7

Rustenburg SAPS Community Service Centre:

014 590 4126/27/39 SAPS Boitekong: 014 593 6001/ 6002/ 6003

SAPS Emergency (cell phones only): 112

SAPS Marikana: 014 572 3143 SAPS Rustenburg: 014 590 4112 SAPS Tlhabane: 014 565 9171/54/59

AMBULANCE

Ambulance / Metro Control Room:

014 597 6612

Ambulance / Metro Control Room (provincial):

MEDICAL EMERGENCY

Med 24/7 (Private): 086 177 7761

ER24: 084 124 NetCare 911: 082 911

Trauma Rescue: 014 594 0689

Ferncrest Hospital (Emergencies): 014 568 4339/8

Peglerae Hospital (Casualties): 014 597 2823

HOSPITALS

Ferncrest Hospital: 014 568 4399 Job Shimankana Tabane (JST) provincial nospital: 014 590 5100

La Femme Clinic: 014 594 9500 RusMed 24: 014 523 9378/9351

PEST CONTROL / SNAKE **EMERGENCY NUMBERS**

Mostert Pest Control: 071 213 5107

CLEANING SERVICES 24/7

CIA Crime Incident Accident: 079 498 7606

FIRE

Fire Department: 014 590 3232 /3444/3333 Rustenburg Local Municipality emergencies (fire): 014 590 3090

RTB LOCAL MUNICIPALITY

RLM Accounts Queries:

014 590 3111 Press 1 for:

RLM Emergencies (Fire Dept.)

Press 2 for:

RLM Customer Care Supervisor

ALARMS

ADT (Control Room): 086 121 2520 / 086 121 2501 Oracle Protection Services:

014 533 3062/3726 / 081 358 4032 Wesalarms: 014 592 8364

SSR & CPF/GPF

CPF Sector 1: 061 019 6870 CPF Sector 2: 072 907 0844

CPF Sector 3: 072 204 4847 **CPF Sector 5**: 082 573 3712

CPF Sector 6: 079 227 9748 Staan Saam RTB: 083 444 6391

Staan Saam Rustenburg Community Watch:

SOUTH AFRICAN COMMUNITY CRIME WATCH RUSTENBURG (SACCW)

ANIMAL EMERGENCIES

Animal Clinic Zinniaville: 014 538 2114 ARAN Veterinary Clinic: 014 592 6007/ 083 410 7960

Bergbos Dierekliniek: 014 533 1959/2084 Bergbos Dierekliniek (A/H): 083 653 1081 Rtb SPCA: 014 592 3181

Rtb SPCA (A/H): 072 933 7723

079 689 0961

Water Problem Helpline: 014 590 3111

ELECTRICITY

Electricity Helpline: 014 565 1042 Eskom National Line: 086 003 7566

ROAD & TRAFFIC

Bakwena N4 Toll Road: 080 022 5936 Traffic Control Room (Rustenburg): 014 590 3221

PLATINUM WEEKLY NEWSPAPER: 014 592 5653 /

072 482 6871.